

ALL NEW LEEDS RHINOS ACTIVITY CAMPS FOR 2009



FROM JUST
£35

Welcoming & friendly! Guaranteed to make new friends!



Tel: 0871 423 1315
www.leedsrugby.com



“These camps are great fun. I always look forward to meeting everyone on the camp and helping them to play rugby”

- Kevin Sinfield, Captain, Leeds Rhinos

The Leeds Rhinos community team have an outstanding reputation throughout Leeds for delivering coaching and mentoring programmes in schools, amateur clubs and the wider community.

This outstanding community work was recognised last year, when the Leeds Rugby Foundation (the Charitable Trust that runs all community activity of Leeds Rhinos and sister club Leeds Carnegie, Registered Charity No. 1112580) was runner up at the high profile and prestigious Sports Industry Awards in London, which saw prizes presented to the likes of Nike, Adidas, David Beckham, and the Emirates Stadium.

As part of the Leeds Rugby Foundation the Rhinos community team is committed to delivering sports programmes at grass roots level, teaching citizenship and healthy lifestyle skills while using role models from professional sport to inspire and motivate children from all walks of life. Whether that be re-engaging with socially excluded children or raising money for community sports facilities, we are committed to changing lives through sport.

The Leeds Rhinos NEW programme of camps for 2009 offers children the opportunity to take part in a variety of different healthy activities during the school holidays. All profits generated support the work of the Foundation. These camps give children the chance to take part in rugby, other sporting activities, and dance.

They also get to meet Leeds Rhinos players, our mascot Ronnie the Rhino and they will have the opportunity to watch rugby league played at an elite level through attending Leeds Rhinos games at Headingley Carnegie Stadium.

The NEW extensive programme has been designed exclusively for boys and girls from 7 to 17 and is suitable for a wide range of abilities. Now for the first time ever, the all NEW Rhinos camps offer youngsters the chance to choose to take part in one or a combination of 3 different weekly programmes:- Activity, Rugby, and Dance. Simply look at which venue and date suits you best and then decide which type of camp you would like to take part in. Further specialist rugby courses are also available for young rugby players. Leeds Rhinos cater for whatever type of camp you might be looking for! What's more, no matter which camp you book on to, you'll also have the opportunity to meet and learn from some of your favourite Leeds Rhinos stars as well as the main man Ronnie the Rhino!



Rugby camp

These rugby league camps are for those who want to develop their rugby skills. You may be new to the game or already be playing – whatever your standard you will leave this camp having developed your rugby skills. Not only will you learn new skills but will benefit from lifestyle advice which will help to ensure optimum sports performance.

Example of a typical day

9.00am	Arrival & registration
9.30am - 10.30am	Rugby rounders
10.40am - 11.40am	Handling
11.45am - 12.35pm	Lunch
12.40am - 1.40pm	Nutrition / Education
1.50pm - 3.00pm	Kicking

Activity Camp

Our multi-activity camp is an action packed experience where you can be involved in a whole range of fantastic activities. Activities range from traditional types of sport which include football, basketball, rounders and general athletics to other fun forms of activity like Ronnie the Rhino's Treasure Hunt and Rhino Ball.

Example of a typical day

9.00am	Arrival & registration
9.30am - 10.30am	Rhino Ball
10.40am - 11.40am	Treasure Hunt
11.45am - 12.35pm	Lunch
12.40pm - 1.40pm	Basketball
1.50pm - 3.00pm	Fun games/Activity choice

Dance Camp

Participants will learn various styles of dance including street, cheer and funky street. The dance camps are organised by the official Radio Aire Dance Team who perform live at every home Leeds Rhinos game. Attendees here will have the opportunity to learn new skills and improve their dancing ability whilst having loads of fun and making new friends.

Example of a typical day

9.00am	Arrival & registration
9.30am - 10.30am	Warm up
10.40am - 11.40am	Street dance & funky dance
11.45am - 12.35pm	Lunch
12.40pm - 1.40pm	B-Girl Moves
1.50pm - 3.00pm	Rehearsals



"My child loved the camp last year and cant wait for the next one!"

- Parent, Leeds Rhinos camp attendee

An Example Of The Weeks Activity For 5 Day Camps

	(9:30 - 10:30)	(10.40 – 11.40)	(12.40 – 13.40)	(13.50 – 15.00)
Monday	All Camp Team Building Games	Games (Rugby Rounders)	Grip	Art, DVD, Basketball
		Football	Basketball	
		Dance	Dance	DVD, Rounders, Rugby
Tuesday	Handling	Decision Making	Tag Games	Tag games, Futsal, Drama
	Athletics	Cricket	Rugby	
	Dance	Funky Dance	Street Dance	Bench ball, Football, Art
Wednesday "CRAZY DAY"	Dance, Football, Rugby	Circus, Army, Rhinos Ball	Tennis, Hockey, Skills Zone	Tennis, Hockey, Skills Zone
			Player Visit	
	Circus, Army, Rhinos Ball	Dance, Football, Rugby	Circus, Army, Art	Circus, Army, Art
Thursday	Nutrition/ Education	Wrestling	Tackling	Football, Hockey, Netball
	Dance	Rounders	Education	Drama, Rugby, Dance Rehearsals
	Dance	Street Dance	Dance	
Friday	Kicking	Education/ Media	Matches	Presentations
	Rhino Ball	Treasure Hunt	Fun games	Presentations
	B-girl moves	Dance	Dance	Presentations

■ = Rugby camp ■ = Activity ■ = Dance

Timetable subject to change



New 'Extra Time' Service For 2009

Each of the Activity, Rugby & Dance camps run from 9.00am – 3.00pm on every day that the camp runs and **NEW** for 2009 we are pleased to launch our 'Extra Time' service. This offers parents the opportunity to arrive with their child from 8.00am on the morning of the camp before picking them up at 4.00pm for just an extra £10 for the duration of the camp. We hope this service will help to make it easier for parents and guardians to make suitable travel arrangements. To take part in this service simply add £10 to the cost of the camp and tick the relevant box on the booking form.

Health & Safety

Your child's welfare and safety is of utmost importance to us. All steps will be taken to ensure your child enjoys their camp in a safe environment. On the busier camps additional child welfare officers are employed to ensure each child gets the care and supervision required. All of our coaches are fully qualified and all staff are CRB checked. There will be a qualified first aider on site at all times. We operate a signing in and signing out registration system at the beginning and end of each day.

Easy Payment Option

We appreciate that in the current climate we need to ensure safe and easy payment methods for our supporters. With this in mind, we have firstly made our camps more affordable than ever before, and secondly, we are pleased to announce details of an 'easy pay' service which will allow you to pay for your child's camp place in instalments should you wish to. The first instalment must be a minimum of £20 which is a non-refundable deposit. Two further instalments of half the remaining balance will be processed on the first day of the following 2 months from your card. The cost of every transaction will cost an additional £1.50 to cover administration costs.



"It's important that all youngsters enjoy their rugby. Everyone who signs up to one of our rugby camps will learn some great new skills and will have a great time"

- Brian McClennan, Head coach, Leeds Rhinos

When & Where

February Half Term

Place	Date	No. of days	Age	Price	Address
Ralph Thoresby School	16th - 20th February	5 days	7 - 14 yrs	£60	Holtdale Approach, Holt Park, Leeds, LS16 7RX

Easter

Place	Date	No. of days	Age	Price	Address
Crawshaw School	6th - 9th April	4 days	7 - 14 yrs	£45	Robin Lane, Pudsey, Leeds, LS28 9HU
Wetherby High School	15th - 17th April	3 days	7 - 14 yrs	£35	Hallfield Lane, Wetherby, W Yorkshire, LS22 6JS

May Half Term

Place	Date	No. of days	Age	Price	Address
Garforth Community College	26th - 29th May	4 days	7 - 14 yrs	£45	Lidgett Lane, Garforth, Leeds, W Yorkshire, LS25 1LJ

Summer

Place	Date	No. of days	Age	Price	Address
Crawshaw School	20th - 24th July	5 days	7 - 14 yrs	£60	Robin Lane, Pudsey, Leeds, LS28 9HU
West Park Leeds RUFC	27th - 31st July	5 days	14 - 17 yrs	£150	The Sycamores, Bramhope, Leeds, LS16 9JR

Leeds Rugby Dual Code Development Programme (boys only)

Summer (continued)

Place	Date	No. of days	Age	Price	Address
Garforth Community College	27th - 31st July	5 days	7 - 14 yrs	£60	Lidgett Lane, Garforth, Leeds, W Yorkshire, LS25 1LJ
Ralph Thoresby School	3rd - 7th August	5 days	7 - 14 yrs	£60	Holtdale Approach, Holt Park, Leeds, LS16 7RX
Crawshaw School	10th - 14th August	5 days	7 - 14 yrs	£60	Robin Lane, Pudsey, Leeds, LS28 9HU
Ralph Thoresby School	17th - 21st August	5 days	7 - 14 yrs	£60	Holtdale Approach, Holt Park, Leeds, LS16 7RX
Leeds Metropolitan University	24th - 28th August	5 days	7 - 14 yrs	£60	The Sports Centre, Headingley Campus, Beckett Park, Leeds, LS6 3QS

October Half Term

Place	Date	No. of days	Age	Price	Address
Leeds Rugby Academy, Kirkstall	26th - 29th October	4 days	12 - 16 yrs	£60	Clarence Fields, Bridge Road, Kirkstall, Leeds, LS5 3BW

Rugby League Development Camp (boys only)

Extra Benefits to a Leeds Rhinos Activity Camp

- Opportunities to meet your favourite Leeds Rhinos stars
- An exclusive Leeds Rhinos activity camp t-shirt
- An exclusive Leeds Rhinos bag
- An exclusive Leeds Rhinos water bottle
- A certificate of attendance



Leeds Rugby Dual Code Development Programme

Date	Age	Price	Address
Monday 27th – Friday 31st July 2009	(14-17 year old boys only)	£150	West Park Leeds RUFC, The Sycamores, Bramhope, Leeds, LS16 9JR

NEW for 2009 Leeds Rugby are pleased to launch a new rugby experience for aspiring rugby players. For the first time we play host to a joint Leeds Rugby training experience for 14 – 17 year olds. The 5 day programme will take place at West Park Leeds RUFC and will see Leeds Rhinos and sister club Leeds Carnegie come together to offer the first ever dual code training experience.

In 2005 the England rugby union team came to Headingley Carnegie stadium to learn from a different style of coaching and see what benefits rugby league could bring to their game from Leeds Rhinos. With Leeds Rhinos having won the last 2 Grand Finals there is no

better time to learn from the masters of rugby. This 5 day rugby experience will help develop fundamental rugby techniques which will help improve any developing player and offers young men the chance to learn from the best in the game. Through the course of the week, the participating players will get to learn from members of the Leeds Rhinos squad, members of the Leeds Carnegie squad, rugby league legends Barrie McDermott & Willie Poching, and dual code hero and now Leeds Carnegie Community Marketing Manager John Bentley. On top of this specialist sessions from academy coaches & nutritionists / conditioners will be given from both codes. **This is one training week you wont want to miss!!**

Benefits To The Leeds Rugby Dual Code Development Programme

- Participation in the first ever rugby camp of its kind at a fantastic training facility
- Opportunities to learn from some of the best coaching staff in the country
- Opportunities to watch and learn with position specific coaching from some of the games best players from both codes of rugby
- An exclusive dual branded Leeds Rugby top quality training shirt
- A match ticket to see Leeds Rhinos v Warrington Wolves on the evening of the last day of the programme and to participate in a pitch parade to the crowd at half time
- A match ticket to the first home game of the 2009 – 10 season to see Leeds Carnegie
- Water bottle

An example of how the weeks format may run:-

Monday 27th July 09

9.00 – 9.30	Morning Sessions	Lunch	Afternoon sessions
Registration	Brian McClennan/Leeds Rhinos 1st team training session		coaching session

Tuesday 28th July 09

9.00 – 9.30	Morning Sessions	Lunch	Afternoon sessions
Registration	Mark Luffman Leeds Carnegie Academy Coach		Barrie McDermott talk/ coaching session

Wednesday 29th July 09

9.00 – 9.30	Morning Sessions	Lunch	Afternoon sessions
Registration	Willy Poching talk/ coaching session		Jason Davidson Leeds Rhinos/ England Rugby League Conditioner

Thursday 30th July 09

9.00 – 9.30	Morning Sessions	Lunch	Afternoon sessions
Registration	Chris Plume Leeds Rhinos Junior Academy Coach		James Parkes Leeds Carnegie Conditioner

Friday 31st July 09

9.00 – 9.30	Morning Sessions	Lunch	Afternoon sessions
Registration	Andy Key, Neil Back, & Leeds Carnegie 1st team training session		Rugby League/Union Matches and presentation





£8.99

Sizes available 7-8, 9-11, 12-13, S, M, L, XL



£8.99

Sizes available XS(6), S(8), M(10), L(12), XL(14), XXL(16)



£25

Sizes available S, M, L, XL

Merchandise

Every child who attends a Leeds Rhinos Activity camp will receive a FREE t-shirt. Simply fill in on the booking form the required size and you will be issued with your t-shirt on the first day of the camp. Additional t-shirts are also available to purchase with Leeds Rhinos activity and dance camp t-shirts costing £8.99 each. The Leeds Rugby dual branded training t-shirt is also available at £25 each.

For any young fans who would like to purchase from a whole range of Leeds Rhinos merchandise there will be an opportunity to do so with the club shop having a presence at some stage of the camp. Your activity camp coach will advise on the first day of the camp to let you know which day the club shop will be there.

Leeds Rhinos Tuck Shop

Every participant of a Leeds Rhinos activity camp is required to bring their own packed lunch for every day of the camp. To help supplement this healthy snacks will be available to purchase and some children may wish to bring a small amount of money to cover this.

Booking Form For Leeds Rhinos Activity Camps 2009

Person responsible for booking:

Full Name _____ Address _____
Tel No _____
Email _____
Signature _____
Date _____ Postcode _____

Course Type (please tick the type of camp you would like to attend)

Activity Rugby Dance

Course Attendees (please tick the camp you wish to attend)

<input type="checkbox"/> Ralph Thoresby School	16th – 20th Feb	£60	<input type="checkbox"/> Garforth Community College	27th – 31st July	£60
<input type="checkbox"/> Crawshaw School	6th – 9th April	£45	<input type="checkbox"/> Ralph Thoresby School	3rd – 7th August	£60
<input type="checkbox"/> Wetherby High School	15th – 17th April	£35	<input type="checkbox"/> Crawshaw School	10th – 14th August	£60
<input type="checkbox"/> Garforth Community College	26th – 29th May	£45	<input type="checkbox"/> Ralph Thoresby School	17th – 21st August	£60
<input type="checkbox"/> Crawshaw School	20th – 24th July	£60	<input type="checkbox"/> Leeds Met University	24th – 28th August	£60
<input type="checkbox"/> West Park Leeds RUFC (dual code)	27th – 31st July	£150	<input type="checkbox"/> Leeds Rugby Academy	26th – 29th October	£60

Continued...



Booking Form For Leeds Rhinos Activity Camps 2009

Details of child attending:

First Name _____ Address _____

Surname _____

Tel No _____

Date of Birth _____

T-shirt size _____ Any medical conditions or education requirements that

Emergency Contact Details (Name & Telephone No) _____ coaches need to be aware of?

Please photocopy if booking for more than one child

Merchandise

I would like to order ____ extra Leeds Rhinos activity t-shirts at £8.99 each. SIZES: _____

I would like to order ____ extra Dance Camp t-shirts at £8.99 each. SIZES: _____

I would like to order ____ Dual Code training top at £25 each. SIZES: _____

Extra Time (please tick if applicable) I would like to pay an additional £10 to use the 'Extra Time' service

Method of payment (please tick):

Cheque. I enclose a cheque for £ _____ payable to 'Leeds Rugby Foundation'

Credit/Debit card (we cannot accept Amex or Visa Electron cards).

My Credit/Debit card name is: _____ Number _____

Expires _____ Valid From _____ Issue (Switch only) _____

CVV (last 3 digits on the reverse of your card) _____ **TOTAL COST** _____

EASY PAYMENT OPTION (card/debit only) Please tick if you would like to use the easy payment option.

A non-refundable deposit of £20 must be received. Two further instalments of half the remaining balance will be processed on the first day of the following 2 months from your card. The cost of every transaction will cost an additional £1.50 to cover administration costs.

PLEASE DO NOT SEND CASH IN THE POST.

Once fully completed please return to: Leeds Rhinos Activity Camps, Headingley Carnegie Stadium, St. Michael's Lane, Headingley, Leeds, LS6 3BR. Tel 0871 423 1315.

Full terms and conditions are available from the Ticket Office.

The Leeds Rugby Foundation will on occasions commission a professional photography agency to take photographs during the activity camps. By booking this course you agree to allow photographs taken of your children at camps to be used within future

marketing materials and placed on the official Leeds rugby website. If you have any concerns please contact Leeds Rhinos Ticket Office.

Please note: Leeds Rugby will contact you from time to time with offers from Leeds Rugby only. If you do not wish to receive this information please tick here.